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Physical Health

Probably the reason you sought us out in the first place is your Physical Health! We can help with a wide array of conditions. Get to the root of your issues with our holistic approach.

Conditions we treat:

- ~ Arthritis/Joint Pain (TCM, Massage)
- ~ Fibromyalgia (TCM, Massage)
- ~ Ehlers Danlos Syndrome (TCM, Massage)
- ~ Allergies (Health Coaching)
- ~ Digestive Issues (Health Coaching)
- ~ Food Sensitivities (Health Coaching)
- ~ Plantar Fasciitis (Reflexology)
- ~ TMJ (Massage)
- ~ Back, Neck, Shoulder Pain (TCM, Massage)
- ~ Headaches (TCM, Massage)



If you do not see your condition here, it does not mean we cannot treat it! Contact us to schedule your FREE 30 minute health strategy session to see if we can help.

Give your body the treatment it needs to promote self healing!

Everything Zen

860-556-2914

Located at 495 Gold Star Highway, Ste. 320, Groton, CT
www.everythingzenmassage.com

For Better Health & Wellness!