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Thank you
for your service!

RECEIVE YOUR MILITARY DISCOUNT OF 10% AT EVERYTHING ZEN!

We appreciate our Military and would like to offer you a **10% discount** on all of our services...every day...**to our active and retired military and their spouses!**

Our services include:

- ~ Therapeutic Massages (we offer 9 different massage therapies: Swedish, Deep Tissue, Medical and Pregnancy Massage, Hot Stone, Aromatherapy, Oncology and Lymphatic Drainage, and Customized Massages)
- ~ Specialty Bodywork & Acupuncture (we offer Touch for Health, Foot Reflexology, the Feldenkrais Method, Raindrop Therapy, CranioSacral, Reiki Balancing, and Acupuncture with traditional Chinese Medicine)
- ~ Natural & Organic Skin Care (we offer custom and rejuvenating facials, such as our Custom Facial, Acupressure Rejuvenation Facial, Organic Skin Renewal, Ayurvedic Balancing Facials, Vitamin C and Passion Flow Peptide Peels, as well as Waxing)
- ~ Nutritional Health Coaching (we offer a personalized holistic approach that is based on your individual needs.)
- ~ Our Other Services include Ear Candling, Flower Essence Therapy, BioMat, and more.

You can expect:

- ~ Improved blood circulation
- ~ Reduced stress
- ~ Detoxification benefits
- ~ Reduced edema
- ~ Activated lymphatic drainage
- ~ Better sleeping patterns
- ~ Increased cellular renewal
- ~ Reduced cortisol levels
- ~ Increased energy
- ~ Reduced/eliminated pain
- ~ Optimized vitality and well-being



We appreciate you, and offer a 10% military discount on all of our services...every day!

Please bring your military identification with you.

Everything Zen

860-556-2914

Located at 495 Gold Star Highway, Ste. 320, Groton, CT
www.everythingzenmassage.com

For Better Health & Wellness!