

CLASSIC EGG SALAD (ALSO GREAT FOR SUMMER PICNICS)

This is a great salad recipe, and healthy too! This recipe is good for two servings.

Note: You can substitute eggs for chicken or tuna if desired.

Ingredients:

- 4 hard-boiled eggs, peeled and chopped
- 1/4 cup plain Greek yogurt
- 1 garlic clove minced
- 1 medium carrot, shredded
- 2 celery ribs, chopped
- 1/2 bunch parsley, chopped
- Sea salt and black pepper
- 2 cups mixed greens



Add the chopped boiled eggs, Greek yogurt, garlic, carrot, celery, parsley, sea salt, and black pepper to a mixing bowl. Mix well. Serve on top of mixed greens.

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